

TEACHING OUTLINE

By Rodney Wright

SEX IS GOOD AND A GIFT FROM GOD

The primary scriptures used in this teaching are Genesis 1:26-28 and 31, and also Genesis 2:24-25.

²⁶ Then God said, "Let us make human beings in our image, to be like us. They will reign over the fish in the sea, the birds in the sky, the livestock, all the wild animals on the earth, and the small animals that scurry along the ground."

²⁷ So God created human beings in his own image. In the image of God he created them; male and female he created them.

²⁸ Then God blessed them and said, "Be fruitful and multiply. Fill the earth and govern it. Reign over the fish in the sea, the birds in the sky, and all the animals that scurry along the ground."

³¹ Then God looked over all he had made, and he saw that it was very good!

GENESIS 1:26-28, 31 (NLT)

²⁴ This explains why a man leaves his father and mother and is joined to his wife, and the two are united into one.

²⁵ Now the man and his wife were both naked, but they felt no shame.

GENESIS 2:24-25 (NLT)

TALKING POINTS

Our sexuality is a good gift from God and the best way to be steward is in marriage.

01. We are made as sexual beings male and female (verse 1:27).
 - Male and female are different, yet very complementary.
 - "If both of us were the same, one of us would have been unnecessary."
 - We are sexual beings from birth, male and female.

02. Both maleness and femaleness reflect the image of God (verse 1:26).

- God is reflected both in maleness and femaleness.
- Both are image bearers of God.

03. Our sexuality is best lived out in a committed relationship of marriage (verses 1:28 and 2:24).

- Share examples of how our sexuality gets mismanaged.
- God gave us sex in marriage for procreation, pleasure, and bonding. (For a bonding explanation, see the *Masturbation: a Biological and Brain Understanding* video in the Youth Leader Library.)
- God's ways are always for our benefit.

04. Our sexuality is a good gift (verses 1:31 and 2:25).

- We were designed to have no shame about our bodies and our sexuality.
- If you feel shame about your sexuality, seek help.
- “Healthy people seek help. Seeking help isn’t a sign of our weakness but our wisdom.”